Dr. Janet's Natural Health Journal

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"The numbness in my feet was so intense, I didn't even notice that my feet were burned."

How one woman finally found relief from numbness, tingling, and itching... and how you can, too

t was a beautiful, hot and sunny afternoon in August. And I was on vacation with my family in South Haven, Michigan...

"With my flip flops in hand, I carried my beach bag, umbrella, and chair onto the white sand and headed towards the water.

"All of a sudden, I heard screams.

"I looked around and saw my family and other beachgoers hopping and shrieking as they ran towards the water. I couldn't figure out what was going on.

"That's when I heard my nephew yell, 'The sand is burning me!'

"I looked down, and my feet were swollen and bright red! My toes looked like puffy Vienna sausages. And I could literally see blisters forming on the bottom soles of my feet...

"My feet were literally burning up and I didn't even feel a thing!

"For years, I've suffered from painful tingling and numbness in my feet...

"I didn't think it was a problem running



errands all day—without knowing my toes were in the wrong spaces of my flip flops...

"...Or walking across the parking lot to my car—not realizing I left my shoes underneath the table of my favorite restaurant...

"To make things worse— I also had this...

"Awful itching happening inside of my feet...

"It felt like a thousand mosquitos were repeatedly stinging me inside on the soles of my feet. Over and over again.

"I felt pins and needles sensations that would wake me in the middle of the night. I would try rubbing... massaging... even smacking my feet to get the itching to stop. But not matter how hard I tried—I just couldn't manage to scratch deep enough to get relief.

"But it wasn't that day that I stood on the burning sand without feeling a hint of pain—that I got really scared! That's when I called Dr. Zand."

(See inside for what happened next...)

Dear friend,

he story you've just read is from my reader Jennifer W. It's a story I've heard many times from my patients over the years. Luckily, I knew just what to do for Jennifer. And I'm going to tell you all about it in a moment. But first, let me introduce myself.

My name is Dr. Janet Zand, and I've been practicing integrative medicine and helping formulate healing herbal and nutritional medicines for over 25 years. You may recognize my name from my books or my articles in *Cosmopolitan*, *The Wall Street Journal*, or *The Los Angeles Times*.

In my many years of practice, I've received dozens of phone calls from patients like Jennifer —folks who are all at their wits end with constant tingling... painful itching... and annoying numbness in their feet and hands. These are men and women who can *literally* walk on broken glass and feel no pain.

Now in most cases, being pain-free is a godsend—even worth bragging about. But for people like Jennifer—this "pain-free" condition increases their risk for burned heels, deep gashes, wounds, and even broken bones!

And if left untreated, it can easily lead to infections and far more serious complications.

So if you're like Jennifer and suffer from numbness, tingling, or itching, you need to know this is a symptom of a much bigger problem happening your body. You see...

Your Nerves are Betraying You in a Dangerous Way

Numbness and tingling are the first signs your nerve function is breaking down. And one of the biggest culprits behind this deterioration in nerve activity is high blood sugar.

Let me explain why...

As you may know, when blood sugar levels rise, your body releases insulin. Insulin is the hormone that helps control blood sugar. And one of the first things it does when blood sugar levels rise is to try to get rid of it! Insulin does this by ordering your muscle and fat cells to take in more sugar and burn it for energy.

But sometimes blood sugar levels rise too fast, and your muscle and fat cells can't keep up. After a while, these cells fatigue and stop responding to insulin's order. And they stop taking in glucose. As a result, your blood sugar levels skyrocket.



Dr. Janet Zand

Meet Janet Zand, O.M.D., L.Ac Leading Authority on Integrative Natural Medicine

Janet Zand is a leader in integrative

medicine who uses herbal medicine, acupuncture, nutrition, and exercise to create a holistic approach to health.

As an author of 3 books and with over 30 years of experience, Dr. Janet Zand is a widely quoted authority on natural medicine,

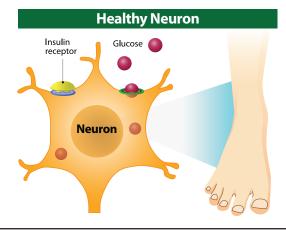
and has formulated many popular herbal and nutritional medicines. She has been featured prominently in *Cosmopolitan*, *Wall Street Journal*, *Elle*, *Allure*, *The Los Angeles Times*, *Men's Fitness Magazine*, *Lifetime TV*, and the *BBC*.

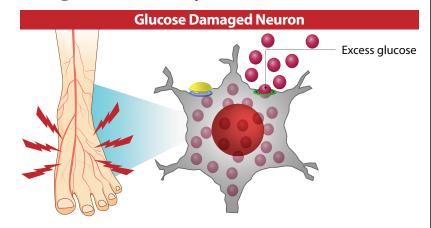
She founded ZAND Herbal Formulas, one of the first American companies to combine Western and traditional Chinese herbs into integrative formulas. Her goal is to combine key ingredients with a blend of supportive herbs to restore and maintain the body's natural state of balance.

In July 2015, Dr. Janet Zand became the Editor of Women's Health Letter, a widely read national alternative medicine letter and leading health advisory.

Dr. Zand is compensated by Advanced Bionutritionals for her work in the formulating and endorsing of this product.

How Excessive Blood Sugar Destroys Your Nerves





When this happens, your nerve cells get flooded with sugar. That's because, unlike other cells, nerve cells don't have a way to stop glucose from entering. Instead, it's like the door is always open, so glucose charges in.

As more and more glucose pours into nerve cells, it creates a traffic jam. There is so much glucose that the nerve cell can't metabolize it fast enough. When this happens, the excess glucose creates highly reactive molecules that wreak havoc on your cells.

That's when things go from bad to worse. These reactive molecules combine with proteins to form something called *Advanced Glycation End Products*, or AGEs.

Why Your Hands and Feet Burn, Tingle, and Itch



It's fitting that the acronym for Advanced Glycation End products is AGEs. Because AGEs do in fact cause you to age faster. In every cell of your body.

AGEs cause inflammation that damages

the mitochondria or "power plants" in your cells. And the more damaged the mitochondria become, the more AGEs are formed. It's a vicious cycle.

As AGEs build up, they dull your nerve endings.

As a result, your nerves become less efficient at communicating with other nerves.

So more and more AGEs build up in your blood vessels. The vessels then get stiffer and less flexible.

And the smaller the blood vessel, the worse the damage. That's why your feet, toes, hands, and fingers are so vulnerable, because they contain some of the smallest blood vessels in your body.

The more glycation you have, the less blood flow reaches the nerves in your feet. Before you know it, an entire area is affected. What starts as a pinpoint of dullness rapidly spreads through your entire foot or hand.

AGEs damage the parts in your nerve cells that signal pain, telling you something is wrong. One of the first signs of this nerve damage is this crazy itching. It's the warning sign that your nerve endings are deteriorating. And that's why it's critical that you take action right away, before it gets worse.

Finally, You Can Get Relief From Constant Nerve Pain!

And that's why I'm writing to you today. Because thanks to a discovery from Japan, you can slash the amount of AGE's in your blood, reduce damage to tiny blood vessels, and boost healthy nerve signals to your fingers, toes, hands, and feet.

Here's the story:

(Continued on next page...)

Scientists have known for years that your body makes enzymes that block sugar from binding to proteins. They've also known for years that in order for your body to make these enzymes, it needs plenty of vitamin B1 (thiamine).

But because thiamine is water-soluble, it's quickly excreted through your urine. As a result, it's hard for your body to build up any reserve.

And this is especially true for people with blood sugar problems. In fact, one study found that people with the worst blood sugar problems lose thiamine up to 24 times faster than people with normal blood sugar! So the very people who need thiamine the most are the ones who don't have enough.

Fortunately, Japanese scientists found a way to solve the problem: They created a *fat-soluble* form of thiamine that stays in the body much longer.

This fat-soluble form of thiamine is called *benfotiamine* (ben-foe-TEE-uh-meen). And it has been shown to be safe and effective in dozens of studies around the world.

➤ In one study, researchers took blood from people with blood sugar problems and measured the level of AGEs. They then gave those people benfotiamine for 28 days and measured their blood again. Result: The level of AGEs in the blood dropped by a whopping 40%!

➤ In another study, researchers tested the effects of benfotiamine on people with blood sugar problems

who were suffering from nerve pain. They tested the patients on pain and on their ability to sense vibrations. They then put half the patients on benfotiamine and the other half on a placebo (dummy pill).

After 12 weeks, the researchers tested the patients again. They found that the people taking benfotiamine had less pain and could sense vibrations better. In fact, the group taking benfotiamine improved by 30%, while the placebo group *worsened* by 32%!²

And in my favorite study of all, German doctors took a group of people with blood sugar problems and fed them a meal that was high in AGEs. (The meal contained 48 grams of high-glycemic carbohydrates, cooked at high temperatures!) They then tested the patients' blood vessel function using ultrasound, laser Doppler, and blood tests.³

To no one's surprise, the high-AGE meal caused harmful changes. There was a decrease in blood vessel function ... an increase in AGEs ... a decrease in blood flow ... and greater oxidative stress.

But the study didn't end there. The researchers *continued* to feed the patients the high-AGE meal for two more days. But this time, they also gave them benfotiamine.

The result was remarkable: Despite eating the high-AGE meal, the patients had improved blood vessel function ... a normalization of AGE levels ... greater blood flow ... and less oxidative stress. In just two days!

When I saw all the data on befotiamine, I knew I had to get it to my patients and readers fast! So I called my friends at Advanced Bionutritionals and asked them to create a high quality nerve-repairing supplement with befotiamine. It's called *Advanced Nerve Support*.

Advanced Nerve Support gives you the most effective amount of benfotiamine to repair damaged nerves based on the latest research. It gives it to you in the dosage proven to work in the major studies. And it gives it to you in the form that is easy for your body to absorb and use.

But we didn't stop there. We also added...

5 More Nerve-Repairing Nutrients to Help You Feel Your Feet and Hands Again

Advanced Nerve Support also provides 5 more key nutrients to help repair damaged nerves and restore feeling to your hands and feet. Together these nutrients help reduce nerve pain... lessen numbness and tingling...

^{1.} Diabetes Care. 2006 Sep;29(9):2064-71.

^{2.} Exp Cli n Endocrinol Diabetes 104(4):311-6

^{3.} Diabetologia, 2007 Oct;50(10):2164-70. Diabetes. 2000 May; 49(Supp[1]: A143(P583).

Why Most Nerve Pain "Relievers"

Don't Work

If you've tried common pain relievers like Caspian creams, nitrate sprays and patches, or TENS (Transcutaneous Electrical Nerve Stimulation) units... You may have experienced some pain relief. But then, if you're like most nerve pain sufferers, it came right back again.

That's because these remedies only temporarily mask the pain. They don't address the root cause of your nerve pain—nasty AGEs generated by blood sugar problems. And so the burning, tingling, and painful numbness never gets resolved.

It's like putting your hand on a hot stove and throwing water on top when you feel the burning! For real long-term relief, you've got to remove your hand, or else it will continue to burn no matter how much water you pour on it. It's the exact same for your nerves. Target the source and the symptoms will go away.



That's why *Advanced Nerve Support* is a godsend for nerve pain suffers. It contains 6 unique nutrients designed to not only relieve your pain, but most importantly, to help repair and heal scorched nerve fibers damage by AGEs.

Discover the critical nerve-restoring nutrients you need to stop the painful burning, itching and tingling for good on page 4. Then take advantage of my special **Introductory Savings Certificate** today!

and begin to mend the damage done by blood sugar problems.

For example, benfotiamine or vitamin B1 dramatically reduces your levels of nerve-destroying AGEs, but there's another B vitamin that's equally important...

Repairs the Protective Coating Around Nerve Cells

You see, AGEs also wear away the protective myelin coating around your delicate nerves. Without this protective coating, your nerves are exposed and can suffer permanent damage.

The myelin coating is also what controls the speed of nerve communication. When it is torn or damaged, communication between nerve cells slows

down or stops altogether. The result is numbness or tingling in your hands and feet.

The good news is that research shows Vitamin B12 boosts the production of proteins needed to repair and restore this protective *myelin* coating. In animal studies, Vitamin B12 helps repair holes, tears, and other weak areas along the myelin sheath. Helping to restore normal nerve function.

But, once again, just like with thiamine, you must have the right form of vitamin B12. As you may know, there are two forms of vitamin B12, *methylcobalamin* and *cyanocobalamin*. What you may not know, is that individuals with blood sugar problems often have issues with methylation.

That's why I recommend that if you have tingling and pain in your hands and feet, you will want to take

(Continued on next page...)

the methylcobalamin form of vitamin B12. Because it contains a methyl group which makes it easier for your body to use.

Now along with the nerve-repairing powers of benfotiamine and methylcobalamin, you also need another often overlooked vitamin...

Regrows Damaged Nerve Endings

What is it? It's good old vitamin D. Now, if you're concerned about your health, then you probably already know

about vitamin D. But what you may not know is that studies show many people with blood sugar problems and nerve pain still do <u>not</u> have enough vitamin D.

The good news is that once these folks begin taking vitamin D, their painful burning and sensitivity improves dramatically. In fact, taking more vitamin D can slash nerve pain nearly in HALF!

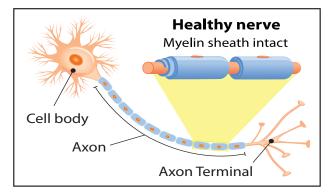
But that's not all vitamin D does. Groundbreaking new animal research shows vitamin D actually stimulates the growth of new nerve endings.

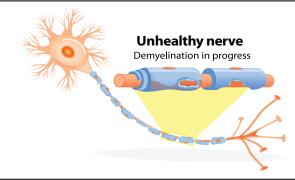
First, vitamin D boosts the formation of new axons at the end of nerve cells. Axons are the "tail" of the nerve cell. They act like a telegraph wire transmitting messages from one cell to the next. When your axons are damaged, the nerve cells cannot communicate with each other, and the result is a loss of feeling in your feet.

Second, vitamin D lengthens existing axons.⁵

Third, it turns on the genes that are responsible for nerve cell repair in your body.⁶

And finally, a recent study done on rabbits





discovered that vitamin D could significantly increase healing and recovery from severe nerve damage in only 12 weeks.⁷

But, once again, just like with thiamine, you must have the right form of vitamin D. Researchers tested two popular forms of vitamin D in the studies above, ergocalciferol (vitamin D2) and cholecalciferol (vitamin D3). And researchers discovered that vitamin D3 performed significantly better when it came to nerve repair.

That's why we've added 400 I.U. of vitamin D3 (cholecalciferol) to the nerve

pain formula. This is the most potent form and the easiest for your body to safely absorb.

But Vitamin D isn't all you need to repair your damaged nerves...

You also need to stop toxins, debris and other free radicals from interfering with nerve cell communication to your feet and hands.

Fights Nerve Destroying AGEs and Damaging Free Radicals

AGEs and other free radicals not only destroy your nerves, but they intensify the burning, itching, tingling, and numbness you feel. And one of the best ways to block AGEs and other free radicals from forming is with a powerful antioxidant like alpha lipoic acid.

Alpha lipoic acid has been used for years in Europe to help reduce nerve pain caused by blood sugar problems. That's because Alpha-lipoic acid destroys free radicals. It helps prevent glucose from linking to protein and forming AGEs. And it helps your body convert excess glucose into energy.

As a result, your nerve cells are protected from damage, fewer AGEs are created, and you enjoy more energy!

PLoS One. 2013 May 31;8(5):e65034. Eur Arch Otorhinolaryngol. 2015 Oct;272(10):2815-23.

^{5,6.} PLoS One. 2013 May 31;8(5):e65034.

^{7.} Eur Arch Otorhinolaryngol. 2015 Oct;272(10):2815-23.

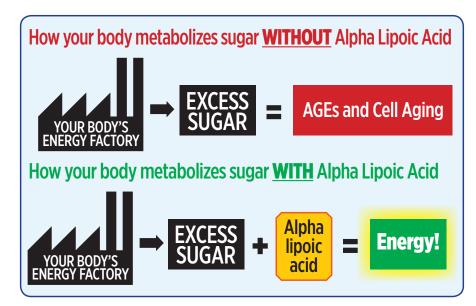
But Advanced Nerve Support doesn't stop there... It also helps reconnect your nerves so they can "speak" to your numb feet and hands once again.

Restores Lost Nerve Communication

When the communication to your nerves gets disrupted, pain signals can get out of control. Your body can't respond properly and you can't get any relief from the pain and suffering.

Vitamin B6 helps restore this disrupted communication. It boosts the creation of neurotransmitters—the chemical signals responsible for your pain reactions. It helps keeps your nerves from going haywire and sending pain signals to your hands and feet while you sleep. So you can finally rest again!

But that's not all that **Advanced Nerve Support** does. It also...



Energizes Repaired Nerves

An electric cord only works when it's plugged in, right? Well in a similar way, once these five other nutrients successfully patch up and restore your damaged nerves, Acetyl L-Carnitine kicks in with a strong energy boost to the newly connected nerve endings.

(Continued on next page...)

He Could Bend His Fingers Again!

72-year-old Daniel H. suffered from painful tingling and numbness in his hands for years. To get even a fraction of relief, Daniel wore gloves year round, even in the hot summer months.

But after just 30 days of taking *Advanced Nerve Support*, he noticed he could finally

bend a his fingers again. It was something he thought was just not possible because his



hands were so bad. He even found those painful "zapping" sensation had decreased when he took the recommended dosage.

Like Daniel, even if you suffer from the worst nerve pain symptoms, *Advanced Nerve Support* can give your nerves a fighting chance repair even year of nerve degeneration.

Turn to page 15 for your special **Introductory Savings Certificate!**

Imagine What Life Will Be Like Af







▲ Enjoy your hobbies again!...



▲ Go on fun walks and hikes...

Acetyl L-Carnitine helps protect your mitochondria, the "power plants" in your cells from damage. And when your power plants are functioning right, you experience less pain and numbness.

In fact, research shows Acetyl L-Carnitine improves your vibration perception. *Vibration perception* is simply the way that scientists measure the feeling in your hands and fee. With Acetyl L-Carnitine, your feet will finally start to feel like *your feet* once again!

Don't Wait Until Your Feet are Burnt to a Crisp Get Started!

Remember Jennifer? Well when she started taking *Advance Nerve Support* she finally had her first night of peaceful sleep. No painful, zapping, zinging and tingling. No drive-you-crazy itching. Just calm, restful sleep. And she's loving feeling her shoes on her toes again.

Because *Advanced Nerve Support* is so effective, you may see a dramatic improvement in just weeks.

As the nutrients work hard to improve communication to you nerves and mend singed nerve endings, you'll be able to walk around with more confidence. You won't have to worry about checking for injuries every night before bed! You can begin to feel your feet again and you can finally get some relief from pain and itching. And you can enjoy your life again.

If you have the beginnings pangs of painful tingling, itching, and numbness this supplement is an absolute must-have. Don't spend another moment putting your feet and hands at risk for irreversible damage when the simple solution is right within reach.

Get ALL 6 Nerve Restoring, Protecting, and Preserving Nutrients in One Easy-to-Take Supplement!

Each of the 6 carefully selected nutrients in *Advanced Nerve Support* act together to help heal your fragile, damaged nerves—so you can finally get the feeling back in your feet and hands. You'll find everything you need to

ter Advanced Nerve Support...



▲ Shoes fit and feel great...



▲ Sleep through the night without waking up...

With *Advanced Nerve Support*, these embarrassing and uncomfortable situations can be a thing of the past.
You'll finally be able to start repairing your nerves with

6 nutrients that help heal frayed, broken, and blocked nerve signals in your feet and hands. So you can get back to enjoying your life!

regain lost sensation, stop itching attacks, and finally put an end to painful tingly feet and hands.

Plus, taking *Advanced Nerve Support* is much easier than trying to buy all the nutrients you need yourself and spending countless hours researching the right ratio of nutrients to combine to get the best rest from your pain symptoms. Instead, everything has been done for you!

You get the *exact* amounts of each nutrient needed, so you know you're not missing out on even a fraction of nutrient support your nerves need to heal and stay healthy. Even better, you could take this formula safely along with your regular supplement regime, because it's designed with multi-supplement use in mind.

And *Advanced Nerve Support* goes even further to protect and restore your nerve health...

Try Advanced Nerve Support at the lowest price today!

If you purchased these 6 nutrients separately, you'd

have to spend approximately \$118.75 or more just for a one-month supply. And there's no guarantee you'd get these essential nutrients in the best, easy to absorb form possible.

Breakthrough Nerve Support

Advanced Bionutritionals

Advanced Nerve Support

Dietary Supplement 60 Tablets

But now you can get all 6 ingredients in one formula that costs less per day than a cheap cup of coffee from the gas station!

A One-Month *Advanced Nerve Support* Starter Pack is just \$39.95, plus \$6.95 shipping and handling.

Or for best results, and to make sure you have enough on hand, you may want to go ahead and..

Save Even More with a Three Month Supply

Try a 3-month supply of *Advanced Nerve Support* for just \$107.85, plus shipping and handling. That's a \$12.00 savings off the regular price!

(Continued on next page...)

Advanced Nerve Support Gives You Breakthrough Pain Relief at a Fraction of the Cost

Thiamine (as benfotiamine) \$22.50

Vitamin B6 (as pyridoxine hydrochloride USP) \$11.99

Vitamin B12
(as methylcobalamin) \$23.99

Acetyl-L-Carnitine (as acetyl-l-carnitine hydrochloride) \$23.49

But thanks to this special offer, you can get *Advanced Nerve Support Formula* for as little as \$36.65 per bottle. That could save you as much as \$82.10 per month!

Alpha Lipoic Acid\$16.79

What's more, it's so much easier to get these nutrients in one convenient supplement, rather than having to mix and match them yourself. All the work has been done for you!z

Supplement Facts Serving Size 2 Tablets Servings Per Container 30		-
Amount Per Serving		
Vitamin D3 (as cholecalciferol)	400 I.U.	Advance
Thiamine (as benfotiamine)	320 mg	Bionutrition
Vitamin B6 (as pyridoxine hydrochloride USP)	15 mg	Advance
Vitamin B12 (as methylcobalamin)	250 mcg	Nerve Supp
Acetyl-L-Carnitine (as acetyl-L-carnitine hydrochlorid	de) 425 mg	
Calcium (from tricalcium phosphate)	385 mg	Dietary Supplem
Phosphorus (from tricalcium phosphate)	193 mg	
Other ingredients: Powdered cellulose, silicon d croscarmellose sodium, stearic acid, calcium stearid cellulose coating.		Save up \$82.
		per mo

But if you're really serious about preventing and even reversing nerve damage and it's potentially devastating consequences — and saving the most money you can — you should...

Take Advantage of the Biggest Savings and the Lowest Price per Bottle with a Six Month Supply

This is by far the best value because you save \$40.20 off the regular price. You pay only \$199.50 plus shipping and handling. That's a savings of \$40.20 off the regular price. It's like getting one bottle free! Plus, if you reply within the next 7 days, we'll cover the \$6.95 shipping and handling charges.



Shipping and handling are on us!

Now usually, you would have to pay an additional \$6.95 for shipping and

handling. I'm told this barely covers the cost of packing your bottles for safe, fresh, secure arrival—especially when you order a six month supply.

But if you order *Advanced Nerve Support* today, I've arranged for you to receive FREE shipping and handling. That's right, it's completely FREE.

Because I don't want you to wait another day to start healing and repairing your nerves. I want to get this powerful formula into your hands as quickly as possible. So you can finally start experiencing the relief you need.

Consider it a gentle 'nudge' to get you started right now. And you don't have to worry because you're fully protected by my...

Down-to-the-Last-Pill GUARANTEE

I know firsthand how powerful *Advanced Nerve Support* is and wholeheartedly stand by this amazing product. That's why I want you



to feel completely confident in your choice to treat your nerve problems with **Advance Nerve Support** with my personal money-back guarantee.

If for whatever reason you're not 100% satisfied with your nerve-repairing results—I'll make sure every last penny you spent is returned promptly back to you. There's no risk in it at all for you.

Simply try *Advanced Nerve Support* and if you don't agree that it's the most comprehensive, easy-to-swallow, nerve-restoring supplement you've ever tried, just send back the empty bottle within 90 days of your purchase and your money will be refunded back to you. No arguments. No hassles. You only pay return shipping.

I can't think of a better way to convince you to try this powerful combination of nerve-restoring nutrients. Together these six nutrients give you the maximum support needed to keep your nerves active and healthy for life. They repair nerve communication and reignite lost sensation in your feet, toes, hands, and fingers. As a result, your risk for injury and other health hazards decrease significantly—if not all together.

Since there's absolutely no risk to your bank account, why not order today? Just mail in the Introductory Savings Certificate or call us toll-free at 1-800-791-3395 to have Advanced Nerve Support rushed right to your door. Our friendly health (Continued on next page...)

Here's what people like you are saying about Advanced Nerve Support:

Here's what people like you are saying about *Advanced Nerve Support*:

"Life without back pain."

"Advanced Nerve Support has given me a life without back pain! In three days I felt results. And in two months, I am pain free all day and most of the night. This is an answer to my prayers!—Barbara A., Montville, NJ

"No more pain in my feet."

"I had terrible pains in the bottom of my feet, so I decided to try this product. I purchased a one month supply, and now I'm on my fourth bottle! I can virtually say I haven't had any more pain in my feet. Thank You!"—*Gary S., Apache Junction, AZ*

"Finally, something that works!"

"I am 70 years old and happy to have found something that works! Since I have stated taking this I have noticed much less numbness and tingling in my feet."—Susan R., Levering, MI

"No more cold fingers."

"I've noticed more feeling in my hands and feet. Before my feet and hands were stone cold for ages. But now, my hands especially, are a lot warmer than they used to be!"—Steven A.

"I can feel my feet again!"

"The numbness in my leg is gone, and I can feel my feet again!"—Corrine J., Casa Grande, AZ

"Leg and back pain gone."

"I recommend *Advanced Nerve Support* to anyone having trouble with pain in their body. My leg and back pain is gone!"—*Annie W.*

"itchy feet... pin pricks—were driving me nuts..."

"I was getting itchy feet and pins pricks poking my feet regularly from nerves. It was driving me nuts and keeping me awake at night or waking me up frequently. I started taking *Advanced Nerve Support* and within 4 days those symptoms were gone!"—*Roberta B., Australia*

9 Ways We Guarantee the High Quality of Advanced Bionutritionals Supplements

I'm sure you've heard of vitamins, herbs, and other nutritional products that flunked lab tests. Here at **Advanced Bionutritionals,** we strive to make sure that NEVER happens.

In fact, our manufacturing process guarantees purity, potency and quality 9 different ways:

- We use suppliers and growers that we've known for years.
- We use ingredients that are shown to be effective in scientific studies.
- We use no artificial colors, artificial binders, artificial fillers, or artificial preservatives, and non-GMO sources whenever available.
- Every supplier is qualified by testing multiple lots of material. The material is assayed for purity and screened for pathogens like mold, yeast, staph, and salmonella.
- **5** tested using FTIR spectrometers and compared to a purity index.
- Our products are manufactured in a facility that is GMP (Good Manufacturing Practices) registered by NSF® International.



Our manufacturing process has multiple checks in place, and our batches are signed off by a quality control officer to ensure accuracy, purity, and potency.



Batches of our product undergo rigorous disintegration tests in conformance with USP guidelines to

ensure proper breakdown in the stomach and absorption in the intestines.



Our bottles
are safety
sealed for lasting
freshness and
potency. And each
bottle is marked
with a manufactured
date and/or an
expiration date.

For you, that means the best quality possible. In fact, we *guarantee* it. If you are ever dissatisfied with one of our products for any reason whatsoever, simply return the empty bottle within 90



days and we'll refund every penny you paid, including shipping and handling. You only pay return shipping.

(...Continued from page 11)

consultants are available to help you 24 hours a day, seven days a week.

No More Tingling, Numbness and Pain!

Imagine going to bed without the constant itching and burning in your feet. Imagine waking up and being able to feel your hands and feet again instead of having to shake and stomp about just to get the sensation back. Imagine walking, bike riding, or golfing without having to check to make sure you haven't accidentally hurt your feet!

Take advantage of this risk-free offer today and see for yourself the difference *Advanced Nerve Support* can make in your quality of life. You'll soon see how good it FEELS to have your feeling back!

Sincerely,

Janet Zand, O.M.D., L.Ac, PhD, Editor, Women's Health Letter

P.S. Remember, everyone experiences nerve pain differently, but our Down-to-the-last-Pill Guarantee doesn't change. If you don't see a dramatic difference in your symptoms with *Advanced Nerve Support*, simply return the bottle, and we'll give you a prompt, courteous, and no-hassle refund. Even if the bottle is completely empty! That's how confident we are that *Advanced Nerve Support* can work for you.

So please don't suffer with nerve pain another minute. **Call Advanced Bionutritionals at 1-800-791-3395** and take advantage of this special offer. Your feet and hands will thank you!

From Dr. Janet Zand.... Your 100%, No-Risk, "Down-to-the-Last-Pill" Guarantee



Istand behind every bottle of Advanced Nerve Support with complete confidence. I can do this because I know how effective this nervesupporting breakthrough really is. In fact, I'm so

confident that *Advanced Nerve Support* will work for you, that I'm willing to back it up with my unconditional, "Down-to-the-Last-Pill" Guarantee.

If for any reason, or no reason at all, you decide that *Advanced Nerve Support* doesn't live up to your expectations...If you're not 100% convinced it can help free you of nerve pain and tingling...then simply return the unused portion—even if the bottle

is completely empty! We'll promptly and courteously refund every penny of your purchase price including shipping and handling charges. You only pay return shipping. No questions asked. No hassles. And you can keep all the FREE reports as my gift to you.

There's absolutely NO risk to you for giving *Advanced Nerve Support* a try. You're completely protected by my 100% satisfaction, "Down-to-the-Last-Pill" Guarantee. So why not order now and give your body the full nerve support that only this proprietary blend can provide?

Janet Zand, O.M.D., L.Ac

Start Living Without Tingling Or Numbness In Your Hands and Feet!

Choose from 3 Advanced Nerve Support packs: (FREE shipping if you hurry!)

BEST VALUE:

Lowest price per bottle The Six-Month Savings pack

• Lowest price per bottle: Save \$19.80 off the regular price



GREAT VALUE:

The Three-Month Savings pack

• Save \$4.86 off the regular price



TRIAL OFFER:

The One-Month Starter pack

• Save \$85.50 versus buying each ingredient individually



Plus ANOTHER FREE GIFT...

FREE SHIPPING When you order within the next 7 days!

Place your order today and the postage, the packaging, and the handling are all on us! Just order *Advanced Nerve Support* in the next seven days and we'll waive all postage and handling charges. That's like putting \$6.95 right back in your pocket!

Call Toll-Free 1-800-791-3395 or return the Introductory Savings Certificate on page 15 in the postage-paid envelope provided to order *Advanced Nerve Support* today!

3 EASY WAYS TO ORDER!

- **1. BY MAIL:** Complete the Introductory Savings Certificate and mail to Advanced Bionutritionals, PO Box 8051, Norcross, GA 30091-8051
- **2. BY FAX:** 1-770-399-0815. Fill out the Introductory Savings Certificate and fax BOTH sides (so we have your name and address) to 1-770-399-8015. Fax lines are open 24 hours a day.
- 3. PHONE for FASTEST SERVICE: Call Toll-Free 24 hours a day, 7 days a week. 1-800-791-3395

INTRODUCTORY SAVINGS CERTIFICATE

Receive up to \$40.20 in discounts

YES, Dr. Zand! I want relief from the constant tingling, pain and numbness in my hands and feet! I want my nerves to come back to life. I want to feel what's happening in my hands and feet, protect them from any dangers, and enjoy living an active life with peace of mind once again! Please rush me my order of as indicated below. If for any reason I'm not 100% satisfied with my results, I'll take advantage of your "down to the last pill" guarantee.

Send me six bottles of Advanced Nerve Support
for just \$199.50—plus \$6.95 shipping and handling. I'll SAVE
\$40.20 on my order and experience maximum nerve-restoring
results! (Or I can get FREE shipping if I order in the next 7 days!)

Send me three bottles of Advanced Nerve Support
for just \$107.85—plus \$6.95 shipping. You SAVE \$12.00!
(Or I can get FREE shipping if I order in the next 7 days!)

I'll try it. Send me my one-month Advanced Nerve Support
\$39.95 plus \$6.95 shipping. (Or I can get FREE shipping if I order in the next 7 days!)

FREE SHIPPING!	Вес
	Adı

Because I'm ordering within 7 days, I don't have to pay a cent to have my *Advanced Nerve Support* shipped directly to my door—it's FREE!

Please Choose Your Method Of Payment:

☐ My check is enclosed for U.S. \$ Make payable to A	Advanced Bionutritic	onals. GA resid	lents add 7% sales tax.
☐ Please charge my: ☐ VISA ☐ MasterCard ☐ Discover	☐ American l	Express	
Card #:	Exp:	/	Amount \$
Signature:		********	Advanced Nerve Support®
Phone #: ()	_	3 =	manufactured in the USA
(in case we have a question about your order)			
☐ Yes! Also send me your FREE Nutrient Insider e-letter that gives me insthat I may unsubscribe at any time. And you won't share my email address v		on the latest n	nutrient breakthroughs. I understand
Email Address:			

IMPORTANT! Please check the back cover to see if your name and address are correct. If not, please correct the information in the adjacent space. *Thank you*.

Mail this savings certificate in the postage-paid envelope provided or



P.O. Box 8051 Norcross, GA 30091-8051

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